



## Joining Reach FHC

Formal group tryouts will happen twice a year for the winter and spring seasons. In addition, RFHC will consider new athletes for the club throughout the year and offer them the opportunity to tryout. Athletes will be placed with the appropriate team based on age, skill, experience, and knowledge of the game.

## Reach FHC requirements

Athletes are expected to be on time and at all practices unless advance notification is given to the coaching staff. Athletes must have been present at the last practice before a game to be eligible to play in a game or tournament.

## Schedule

RFHC winter season practices are on Sunday afternoons at Garrison Forest School from 3:00-5:15 pm. Spring practices will either be in Columbia or Baltimore MD and depend on field availability. Winter season runs from November through March. Spring season runs from March through June.

## Tournaments

Each team will have a minimum of 4 winter tournaments and 4 spring tournaments. Tournaments are usually on Saturdays and/or Sundays and sometimes holidays.

- RFHC is not going to the National Hockey Festival in November 2012, but plans to register and be present for the Disney Showcase held in February of 2013 and the National Hockey Festival in November 2013.

## Fees

- RFHC winter season: \$450 (U16 & U19)
- RFHC spring season (optional): \$ 250 (U16 & U19)
- U14 RFHC: \$365
- U12 RFHC: \$365
- Tournaments: all tournaments have an additional fee attached to them and vary depending on the number of athletes attending that selected tournament. These fees will be communicated in advance.
- Uniforms: \$90. This consists of a skirt and 2 shirts.

## Additional Member Perks

In addition to playing for Reach, the coaching staff will provide individual sessions, help and guidance with college recruiting and NCAA processes, fitness and conditioning sessions, weight lifting 'how to', and nutrition guidance and consultation.